Presents Your

Regional Medical Care Guide

2013
Emergencies Dial 911

Palm Beach Fire Rescue (561) 838-5420
American Medical Response (561) 533-5633 ext. 3009
Boca Raton Fire Department (561) 982-4033
Boynton Beach Fire Rescue (561) 742-6337
Delray Beach Fire Department (561) 243-7440 / 243-7444
City of Greenacres Department of P.S. (561) 642-2146
Medics Ambulance (954) 218-7184
North Palm Beach Fire Rescue (561) 848-2525 / 841-3319
Palm Beach County Fire Rescue (561) 616-6901
Palm Beach Gardens Fire Rescue Department (561) 799-4312
Riviera Beach Fire Department (561) 845-4109 / 854-4095
Tequesta Fire Rescue (561) 768-0553
Trauma Hawk (561) 689-7140 ext. 1422
West Palm Beach Fire Department (561) 804-4715

OTHER IMPORTANT NUMBERS

Information, Referral and Crisis Counseling 211
American Red Cross (561) 833-7711
Poison Information Center (800) 222-1222

The information and listings contained herein are provided for informational purposes only as a convenience to the users of this publication. Nothing contained herein shall be considered to be an endorsement or a recommendation by the Medical Education Forum of the Palm Beaches, or any of the individual medical care providers listed herein.
1. INTRODUCTION

Letter from the Founder of the Medical Education Forum of the Palm Beaches 2-3
Personal Emergency Medical Information 4-7
Recognizing Symptoms of a Heart Attack 8
CPR and Automated External Defibrillators 9
Recognizing Symptoms of a Stroke 10
Town of Palm Beach Fire-Rescue 11
Palm Beach County Trauma System 12-13

2. AREA MEDICAL FACILITIES

Bascom Palmer Eye Institute at Palm Beach Gardens 14-15
Bethesda Hospital East 16-17
Bethesda Hospital West 18-19
Boca Raton Regional Hospital 20-21
Cleveland Clinic in Florida 22-23
Delray Medical Center 24-25
Good Samaritan Medical Center 26-27
JFK Medical Center 28-29
Jupiter Medical Center 30-31
Lakeside Medical Center 32-33
Palm Beach Children's Hospital at St. Mary's Medical Center 34-35
Palm Beach Gardens Medical Center 36-37
Palms West Hospital 38-39
St. Mary's Medical Center 40-41
Wellington Regional Medical Center 42-43
West Boca Medical Center 44-45
West Palm Hospital 46-47
Senior Health Services 48-49

3. RESOURCES

Informational Websites 50
Hospital locator map 51
To provide accurate and unbiased information for the consumers of health care on major medical services available within Palm Beach County through publications and the coordination of community forums.
In 2008, while having the privilege of chairing the Palm Beach Medical Care Commission, we produced an area medical care guide and stated at the time that the intention was to have the publication updated and revised periodically to reflect new developments in the delivery of health services. It is now time for that update.

The medical leaders in our community have worked tirelessly to create new and improve existing medical programs for your benefit. In my roles as Chairman of the Florida Atlantic University Schmidt College of Medicine Board, on the Finance Committee of the Health Care District, the Board of the Palm Beach Medical Society and Chair of its annual Future of Medicine Summit, and an officer in the Florida Public Health Institute, I have had the opportunity over the past five years to witness these outstanding efforts by medical centers throughout the county which richly deserve recognition and appreciation.

Since the original Commission no longer exists, it was necessary to found a new 501c3 entity, the Medical Education Forum of the Palm Beaches. Its mission statement is described on the opposite page. This Regional Medical Care Guide, while modeled somewhat on the previous publication, has been expanded considerably to encompass information that is a resource for all the residents of the County.

Some of the challenges identified before are still problematic such as the looming deficit of physicians and allied personnel. And there will be adjustments to change as the Patient Protection and Affordable Care Act is incrementally implemented, but this document is designed to provide a level of comfort for you by describing the panoply of services available.

It includes a comprehensive section of your and your family’s personal medical information. You are strongly urged to fill out the components of this section (in pencil for ease of modification) for it will save valuable time if you require 911 assistance. The Guide also includes advice on how to recognize and react to crisis situations – stressing the importance of learning CPR, gives details on the highly skilled Fire-Rescue teams (using the Palm Beach team as a splendid example) and the Aero-Medical helicopter transport service, maps the locations of our major treatment centers with detailed information on each one, and closes with a list of web sites from which you can explore specific questions. The Forum makes no preferential judgments in this document.

It is my great pleasure and privilege to offer this service. Hopefully you will keep it in a readily accessible location. If it saves the life of one person, it will have been well worth the effort.

To your good health,

Michael T.B. Dennis, M.D.
Founder, the Medical Education Forum of the Palm Beaches
YOUR PERSONAL EMERGENCY MEDICAL INFORMATION
(Please complete in pencil for easy updates)

THIS INFORMATION WAS LAST UPDATED ON (month) ______ (day) ______ (year) ______

Name of Resident 1: __________________________________________________________________

Personal physician: ____________________________ Tel: ________________

Other physician: _______________________ Specialty: ________________ Tel: ________________

Other physician: _______________________ Specialty: ________________ Tel: ________________

Name of dentist: ____________________________ Tel: ________________

Medical insurance company: __________________ Policy number: ________________

Medicare number: ____________________ Medicaid number: ________________

Location and date of last EKG: _______________________________________________________

(If you are over 40 years old, consider keeping a baseline EKG in an envelope with this guide so it is available for immediate comparison in emergency circumstances.)

Location and date of last chest X-ray: ______________________________________________

Medications and dosages:

1. _________________________________________________________________________________

2. _________________________________________________________________________________

3. _________________________________________________________________________________

4. _________________________________________________________________________________

5. _________________________________________________________________________________

Allergies to medication: __________________________________________________________________

Previous medical conditions: __________________________________________________________________
YOUR PERSONAL EMERGENCY MEDICAL INFORMATION
(Please complete in pencil for easy updates)

This information was last updated on (month) _______ (day) _______ (year) _______

Name of Resident 2: ____________________________________________________________

Personal physician: _________________________ Tel: __________________

Other physician: _________________________ Specialty: ___________________ Tel: ____________

Other physician: _________________________ Specialty: ___________________ Tel: ____________

Name of dentist: _________________________ Tel: __________________

Medical insurance company: ___________________ Policy number: _______________________

Medicare number: _________________________ Medicaid number: _______________________

Location and date of last EKG: ______________________________________________________

(If you are over 40 years old, consider keeping a baseline EKG in an envelope with this guide so it is available for immediate comparison in emergency circumstances.)

Location and date of last chest X-ray: _______________________________________________

Medications and dosages:

1. _____________________________________________________________________________

2. _____________________________________________________________________________

3. _____________________________________________________________________________

4. _____________________________________________________________________________

5. _____________________________________________________________________________

Allergies to medication: ____________________________________________________________

Previous medical conditions: _________________________________________________________
YOUR PERSONAL EMERGENCY MEDICAL INFORMATION

(Please complete in pencil for easy updates)

This information was last updated on (month) _____ (day) _____ (year) _____

Name of Resident 3: __________________________________________________________________

Personal physician: ____________________________________________ Tel: ____________________

Other physician: __________________ Specialty: __________________ Tel: ____________________

Other physician: __________________ Specialty: __________________ Tel: ____________________

Name of dentist: _____________________________________________ Tel: ____________________

Medical insurance company: __________________ Policy number: _________________________

Medicare number: ____________________________ Medicaid number: ______________________

Location and date of last EKG: _________________________________________________________

(If you are over 40 years old, consider keeping a baseline EKG in an envelope with this guide so it is available for immediate comparison in emergency circumstances.)

Location and date of last chest X-ray: __________________________________________________

Medications and dosages:

1. _________________________________________________________________________________
2. _________________________________________________________________________________
3. _________________________________________________________________________________
4. _________________________________________________________________________________
5. _________________________________________________________________________________

Allergies to medication: __________________________________________________________________

Previous medical conditions: __________________________________________________________________

____________________________________________________________________________________
EMERGENCY CONTACTS

Name: __________________________________________   Relationship: _____________________________
Tel: ____________________________________________   Cell: ____________________________________
Address: ______________________________________________________________________________

Name: __________________________________________   Relationship: _____________________________
Tel: ____________________________________________   Cell: ____________________________________
Address: ______________________________________________________________________________

Information for other members of the household or caregivers: __________________________________
_____________________________________________________________________________________

If children or grandchildren are in household:

Pediatric physician: ________________________________   Tel: _________________________________

Don't forget to create a signed letter that names the adult who is authorized to give permission for medical
care of a child if an emergency medical situation occurs and the child needs treatment while you are away.
Please keep it in this guide or a location that is easy to find.

Note: Palm Beach Children’s Hospital at St. Mary’s Medical Center, Tel: (561) 841-KIDS, has a 24-hour
dedicated Pediatric Emergency Department with Board-certified pediatric emergency physicians.

(See more information about the Palm Beach Children's Hospital on pages 34-35 in this guide.)

Don't forget about your pets!

Veterinarian: ___________________________________   Tel: _________________________________

Instructions to pet-sitter: _________________________________________________________________

Be prepared to give emergency personnel the following additional information:

• name and dosage of all medications you take, including over-the-counter medications;
• whether you have an implanted pacemaker or another implanted medical device;
• a summary copy of your medical records;
• a copy of your Health Care Proxy;
• whether you have a Do Not Resuscitate (DNR) form;
• names of the persons you want notified when you find yourself in an emergency situation.
Recognize the Symptoms of Heart Attack

About three-quarters of heart attacks and cardiac arrests happen at home. If you prepare yourself and your family, you can save a life or significantly increase an individual’s chance of survival. You and your family are a very important part of the lifesaving team. You’re in place before rescuers can reach the victim, so it’s important that you recognize the symptoms and know what to do when every minute counts.

Symptoms of a heart attack and cardiac arrest:

Myocardial infarction, the medical term for heart attack, is usually caused by a clot blocking a coronary artery. The symptoms of a heart attack vary considerably from person to person and differ between men and women. Any of the following symptoms either alone or in combination could indicate that you are having a heart attack: Discomfort, pressure or squeezing in the chest, aching or discomfort in the arms(s), the jaw, front of the neck, upper back, or upper central abdomen. Shortness of breath, generalized weakness and breaking out in a cold sweat are common symptoms, especially in women. Feeling dizzy or lightheaded is also a potential symptom. All of the symptoms can potentially come and go during a heart attack and indicate the need for an urgent medical evaluation, even if the symptoms subside.

In a heart attack, the heart muscle is not getting enough blood flow and part of the muscle will die if not rapidly treated. Rapid treatment is critical to prevent both death and a weakened heart muscle that could lead to problems of heart failure in survivors.

Cardiac arrest, also known as sudden cardiac death, is a condition where the heart suddenly stops beating. Collapse and unconsciousness immediately follow and the victim will die unless rapid resuscitation is started. Those who are suffering a heart attack are at great risk for cardiac arrest but it can also occur without a heart attack as is seen occasionally in young athletes. Calling 911 and starting chest compressions offers the best hope of survival until an Automated External Defibrillator (AED) or rescue personnel arrive.

If you think you may be suffering a heart attack it is critical to call 911. Do not drive yourself to the hospital. It is far more important to have Fire-Rescue provide lifesaving care and transport to a hospital.
CARDIOPULMONARY RESUSCITATION (CPR) AND AUTOMATED EXTERNAL DEFIBRILLATORS

About 75 percent of all out-of-hospital cardiac arrests happen at home, so being trained to perform cardiopulmonary resuscitation (CPR) can mean the difference between life and death for a loved one. Death from sudden cardiac arrest is not inevitable. If more people knew CPR, more lives could be saved.

Giving bystander CPR immediately after cardiac arrest can double a victim's chance of survival. It helps maintain vital blood flow to the heart and brain and increases the amount of time that an electric shock from a defibrillator can be effective.

Brain death starts to occur four to six minutes after someone experiences cardiac arrest if no CPR and defibrillation occurs during that time. The victim’s chance of survival falls seven to 10 percent for every minute of delay until defibrillation. Few attempts at resuscitation are successful if CPR and defibrillation are not provided within minutes of collapse.

Sudden cardiac arrest is most often caused by an abnormal heart rhythm called ventricular fibrillation (VF). Cardiac arrest can also occur after the onset of a heart attack or as a result of electrocution, near-drowning or choking. When sudden cardiac arrest occurs, the victim collapses, becomes unresponsive to gentle shaking, stops normal breathing and after two rescue breaths, still isn’t breathing normally, coughing or moving. Have someone call 911 immediately, roll the victim on his back on a firm surface and begin CPR. Even if you do not remember how to do CPR, it is important to try. You can not hurt the victim and you could increase their chance of survival. Pushing hard and fast in the center of the chest until help arrives can double the chance of survival.
Recognize the Symptoms of Stroke

Stroke is the third leading cause of death, following heart disease and cancer, with nearly 700,000 new stroke cases diagnosed every year. It is a leading cause of serious, long-term disability, but when diagnosed and treated early, disabling effects can often be prevented thanks to new drug therapies and techniques. Stroke is a medical emergency, and every minute counts. The longer blood flow is cut off to the brain, the greater the damage. Immediate treatment can save people’s lives and enhance their chances for successful recovery. According to the National Institutes of Health, 42 percent of stroke patients wait as long as 24 hours before going to the Emergency Room. This delay places the brain at increased risk for injury, so it’s important that you recognize the symptoms.

Symptoms of stroke:

A stroke happens when an artery carrying blood to part of the brain breaks or becomes clogged. When this occurs, the part of the brain that was fed by the artery can die. Sometimes brain cells that are near the injured cells also begin to swell and stop working. Most strokes cause sudden numbness or weakness of the face, arm or leg, especially on one side of the body. You may experience dizziness however a headache is not always present. Other signs and symptoms of a stroke include facial drooping usually to one side of the face, arm weakness where one or both arms become numb or drift downward, and speech difficulty whereby the speech is slurred or unable to speak. If you suspect you are having a stroke, it is critical that you call 911 so they can administer life saving treatment and activate the hospitals stroke team prior to your arrival.

Although some risk factors for stroke such as age, gender, race and family history of stroke are beyond your control, there are lifestyle choices that can dramatically reduce your risk of stroke. The following affect your likelihood of having a stroke, so be sure to minimize your risk:

- High blood pressure
- High blood cholesterol
- Smoking
- Having more than two alcoholic beverages a day
- Obesity
TOWN OF PALM BEACH FIRE-RESCUE

Emergencies: dial 911

North Station: 300 North County Road
Central Station: 355 South County Road
South Station: 2185 South Ocean Blvd.
Main number: (561) 838-5420

www.townofpalmbeach.com

The Town of Palm Beach Fire-Rescue is a full-service department offering Advanced Life Support, rescue services, fire suppression, fire safety and initial response to calls about hazardous materials. The Department operates out of three stations strategically located throughout the Town to provide maximum response in a minimal amount of time.

Every minute matters!

Anyone with heart attack or stroke warning signs should seek medical treatment right away. Call 911 as soon as possible. Fire-Rescue will get you to the hospital in the fastest way possible. Emergency personnel begin treatment immediately, even before you arrive at the hospital. Your heart may stop beating during a heart attack, but Emergency personnel have the equipment and training required to start it beating again. Fire-Rescue communicates with the hospital before you get there, and can transmit vital EKGs and lab reports to the waiting hospital personnel. Heart attack patients who arrive by Fire-Rescue receive priority fast treatment upon arrival at the hospital.

Educate yourself

Provided by the Community Education Division, public safety awareness classes offer residents valuable information that could help save lives. The education programs offered include home fire safety, elderly fall prevention, fire drills, fire extinguisher training, CPR classes and how to use automated external defibrillators, poison intervention and more.
Palm Beach County Trauma System

Operating under the direction of the Health Care District of Palm Beach County

In the US, traumatic injury is the leading cause of death for children and adults under the age of 45. Last year nearly 3,000 residents and visitors suffered traumatic injury in Palm Beach County. But thanks to the Palm Beach County Trauma System, they received life-saving emergency care and rehabilitation services. The Health Care District of Palm Beach County launched the Trauma System in 1991 and provides funding and oversight through its Trauma Agency. More than 53,000 adults and children have received care for traumatic injuries since the inception of the program.

A Model System

The Palm Beach County Trauma System is based on a public-private partnership model. The two Trauma Centers are operated by private hospitals - St. Mary’s Medical Center and Delray Medical Center - that must meet and maintain rigorous standards of care. The Trauma Resuscitation Team in each Trauma Center includes a trauma surgeon, an anesthesiologist, other highly trained specialists, trauma-trained nurses, a respiratory therapist, radiology technicians, and lab technicians. Delray Medical Center has achieved a Level 1 verification, and St. Mary’s Medical Center is in the process of becoming Level 1 verified. This means that they are providing the most comprehensive trauma care recognized in the State of Florida and nationally.

The Health Care District provides a stable source of funding as well as oversight for the system. In addition, as components of the Health Care District’s Aeromedical Program, the District owns, pilots and maintains the two instrument-certificated “Trauma Hawk” helicopters that transport seriously injured trauma patients to the two Trauma Centers. The medical team members of the highly-experienced Trauma Hawk flight crew include both a Registered Nurse/Paramedic and a Paramedic with Palm Beach County Fire Rescue.

Especially in a county as geographically large as ours, this rapid air transport to a specialized trauma center that is always ready, 24/7, can mean the critical difference between life and death when every minute counts.
The Trauma System also includes an important rehabilitation component. The two hospitals have rehabilitation units where specialized staff with years of experience in trauma therapy help trauma patients regain as much of their pre-injury capabilities as possible. In addition, the Trauma System maintains a network of specialist doctors who provide care on an outpatient basis.

**How the System Works to Save Lives and Rehabilitate Trauma Patients**

1. When an accident is reported, the "911" command center immediately notifies EMS, Fire Rescue, and local police, who dispatch their units to the scene. The Health Care District’s Trauma Hawk is also put on alert.

2. EMS paramedics provide emergency treatment at the scene and evaluate the severity of the injuries. If the injured meet “Trauma Alert” criteria, they are transported to the nearest Trauma Center by ambulance or by the Health Care District’s Trauma Hawk helicopter.

3. A Trauma Resuscitation Team at the Trauma Center is ready when patients arrive. Patients receive critical care immediately.

4. Patients who need post-emergency care have access to a network of private physicians and other medical specialists through the Trauma System. In addition, patients who can benefit from rehabilitative therapy can access the rehabilitation units at St. Mary’s Medical Center and Delray Medical Center.
With a staff of more than 1,000 employees and 86 physicians and researchers at our Florida locations, in Palm Beach Gardens, Naples, Plantation and Miami, Bascom Palmer offers eye care to patients from all over the world. Our doctors and researchers have been making breakthrough discoveries towards curing eye diseases for 50 years and have been setting the standard for ophthalmology worldwide.

**Key Programs and Services:**

**Ophthalmic Care**

Bascom Palmer Eye Institute at Palm Beach Gardens features the Maltz Center, a 40,000 square-foot patient care medical office building with more than 50 examination rooms for the diagnosis and treatment of all eye diseases and disorders including macular degeneration, glaucoma, diabetic retinopathy, neuro-ophthalmology disorders, dry eye, cataracts, corneal problems and pediatric eye disorders. It also houses a LASIK center, aesthetics services, low-vision rehabilitation and optical services. Adjacent to the medical office building is the Frankino Pavilion at the Bascom Palmer Surgery Center. The 10,000 square-foot, state-of-the-art ambulatory surgery center allows our ophthalmologists to perform retina, cataract, glaucoma, ophthalmic plastic and reconstructive surgeries.

**Research**

Many of our physicians are recognized annually in America’s Top Doctors and Best Doctors in America. Each doctor specializes in at least one area of eye care, has completed fellowship training in one or more ophthalmology subspecialties, is certified by the American Board of Ophthalmology and conducts revolutionary basic science and/or clinical research. The highly acclaimed faculty continues to develop new treatments for eye diseases and new technology for diagnosis while offering outstanding medical care to patients. Recent contributions that have advanced the field of ophthalmology include performing the first modified osteo-odonto-keratoprosthesis surgery in the USA that restored vision to a woman who had been blind for nine years and pioneering a successful treatment for the wet form of age-related macular degeneration.
Bethesda Hospital East is Palm Beach County’s most comprehensive medical facility. As the flagship of Bethesda Health, Bethesda Hospital East is a 401-bed, fully accredited, award-winning, nonprofit community hospital with a hallmark of providing quality health services in a caring manner since 1959.

Our services include: the Bethesda Heart Hospital; the Bethesda Orthopaedic Institute for musculoskeletal and sports injuries; the Center for Women and Children with maternity, pediatrics and Level III Neonatal Intensive Care; the Bethesda Comprehensive Cancer Center; the Cornell Institute for Rehabilitation Medicine and a 24-hour Emergency Department for Adults and Children.
**Key Programs and Services:**

**Bethesda Heart Hospital**

The Bethesda Heart Hospital provides the area’s most comprehensive, state-of-the-art cardiovascular facility in Palm Beach County. The Bethesda Heart Hospital, a 39-bed, all private room heart hospital within a hospital, is proud to be a nationally ranked member of The Society of Thoracic Surgeons, the world’s foremost authority for its commitment to achieving quality outcomes and excellence in cardiovascular care.

**The Bethesda Orthopaedic Institute**

The Bethesda Orthopaedic Institute is a comprehensive, musculoskeletal facility that provides a multi-disciplinary approach to patient care, with a team of internationally renowned surgeons who are dedicated to helping patients achieve their full potential. This beautiful, all private room, 24-bed facility is staffed by a highly experienced team of orthopaedic surgeons, nurses, physical therapists and support staff who care for patients with a wide range of health needs including: foot/ankle procedures, fractures and rehabilitation, hands/upper extremity, joint replacements, spine surgery and sports medicine.

**The Cornell Institute for Rehabilitation Medicine**

With 26-private rooms and one semi-private room and together with the Bethesda Stroke Center, patients have a state-of-the-art facility for neurologic and orthopaedic rehabilitation. Cornell’s physicians, nurses and licensed therapists are dedicated to helping patients regain their independence and achieve their full potential.

**Bethesda Comprehensive Cancer Center**

Accredited by the American College of Surgeons, and an Affiliate of the H. Lee Moffitt Cancer Center and Research Institute, this center provides patients with cancer a full spectrum of diagnostic and therapeutic services. Services begin with cancer prevention and early detection followed by diagnosis, multi-disciplinary planning and treatment, inpatient oncology and infusion, as well as rehabilitation, home care and support services.

**Future Developments: Teaching Tomorrow’s Physicians, Nurses and Radiographers**

With the opening of the Bethesda College of Health Sciences in 2012, the College offers Associate in Science degree programs that successfully prepare students to enter the fields of Radiography and Nursing. In addition, Bethesda Hospital East is working with Florida Atlantic University to start its Medical Residency program and looks forward to providing highly skilled medical and healthcare professionals who can successfully work with Bethesda to serve the healthcare needs of our growing community.
Thanks to the tremendous support of the Bethesda Hospital Foundation, COBWRA (the Coalition of Boynton West Residential Associations) and our community, Bethesda Hospital West is the newest, state-of-the-art hospital to open in Palm Beach County in more than 20 years.

Located on the northeast corner of Boynton Beach Boulevard and US-441, Bethesda Hospital West is an 80-bed, all private room hospital that offers a full complement of inpatient and outpatient services including: medical, surgical and intensive care services, as well a 24-hour Emergency Department and a dedicated, 24-hour Children’s Emergency Department. As Bethesda Hospital West marks its inaugural year, we look forward to serving our western communities with the highest level of medical excellence that has been Bethesda’s hallmark of care since 1959.
**Key Programs and Services:**

**Patient-centered Care**

Located on the 58-acre, Robert B. Hill Medical Campus, Bethesda Hospital West is a state-of-the-art facility where our commitment to comfort, privacy and safety are paramount in providing the highest level of medical excellence for our patients. With all private rooms, comfortable sitting areas for guests and a serene chapel, patients and families can enjoy picturesque views of the natural surroundings during their stay.

To ensure patient-centered care, nurses are stationed between each pair of patient rooms, providing direct visibility and timely communication with each patient. In addition, Bethesda’s fully electronic medical records system enables physicians and clinical staff to follow their patients’ progress at any time from their computer or mobile device.

For added comfort, Bethesda Hospital West serves its meals room-service style, so that they can enjoy their meals when it’s most convenient for them.

**State-of-the-Art Services**

- Four, full service operating room suites
- Eight, post-anesthesia care areas
- 22 ambulatory surgery bays and 2 pre-operative rooms
- General Medical/Telemetry and Surgical services
- A full range of Imaging Services including: MRI, CT, general radiography, ultrasound and cardiac stress testing
- Infusion services
- Laboratory, inpatient pharmacy and respiratory therapy

**24-hour Emergency Department**

Bethesda’s team of emergency physicians and nurses are ready to treat every emergency. With direct communication to Palm Beach County Fire Rescue, Bethesda Hospital West has a state-of-the-art helipad when air transport is necessary to another facility. In the event you need advanced care, you will be transferred to Bethesda Hospital East for comprehensive heart care at the Bethesda Heart Hospital; and highly specialized maternity, Level III Neonatal Intensive Care and pediatric intensive care services at the Bethesda Center for Women and Children.

**24-hour Dedicated Children’s Emergency Department**

Children are not little adults; they have special needs that require special care. Bethesda’s pediatric emergency-trained physicians and pediatric nurses are here for your child’s every emergency.

**Future Developments: Growing with our Western Communities**

Bethesda Hospital West looks forward to growing with our western communities and serving them as they continue to grow. With 80-beds and five stories, Bethesda Hospital West has been designed to grow to 400 beds and nine stories over the next 10-15 years, in keeping with our communities’ growth.
Born out of compelling need in 1967, Boca Raton Regional Hospital is an advanced, tertiary medical center with 400 beds and more than 800 primary and specialty physicians on staff. The Hospital is a recognized leader in oncology, cardiovascular disease and surgery, minimally invasive surgery, orthopedics, women’s health, emergency medicine and the neurosciences, all of which offer state-of-the-art diagnostic and imaging capabilities.
Key Programs and Services:

Christine E. Lynn Heart & Vascular Institute
The Christine E. Lynn Heart & Vascular Institute opened at Boca Raton Regional Hospital in September 2006, making it the first open-heart program started in Palm Beach County in over 20 years. The Institute offers a full spectrum of diagnostic and surgical services and is one of only four hospitals in Palm Beach County to be designated by the Florida Agency for Healthcare Administration (AHCA) as a Comprehensive Stroke Center.

Eugene M. & Christine E. Lynn Cancer Institute at the Harvey & Phyllis Sandler Pavilion
The Eugene M. & Christine E. Lynn Cancer Institute at the Harvey & Phyllis Sandler Pavilion is one of Florida’s largest and most advanced cancer centers. The award-winning $73 million, 98,000 square-foot facility houses the Hospital’s imaging, radiation, chemotherapy and cancer support services as well as its clinical research.

Future Developments:

Marcus Neuroscience Institute
In 2012, Boca Regional received a $25 million grant, the largest, single philanthropic gift in the institution’s history, from the Marcus Foundation to create the Marcus Neuroscience Institute on the Hospital’s main campus. The facility will serve as a new, state-of-the-art nexus of care for neurologic and neurosurgical patients and transform the landscape of clinical capabilities available in the region. Breaking ground in February 2013, the 52,000 square-foot facility will house a 22-bed Neuro Intensive Care and Step-Down unit and include all private rooms.

Christine E. Lynn Health & Wellness Institute
In 2010, the Boca Raton Regional Hospital Foundation received a $10 million donation from philanthropist Christine E. Lynn, which named the Christine E. Lynn Women’s Health & Wellness Institute at Boca Raton Regional Hospital. Since then, the Institute has expanded their services and now serves as a “centralized address” for women’s healthcare needs. The Lynn Women’s Institute offers a comprehensive array of integrated services, specifically targeted to women as they pass through the continuum of healthcare issues during their lifetime. The gift will also be utilized to construct a new, state-of-the-art facility for women’s services, creating an attractive and comfortable setting with an emphasis on clinical excellence, efficiency and privacy.
Cleveland Clinic Florida is a not-for-profit academic medical center that integrates clinical and hospital care with research and education. It has over 200 physicians, practicing in more than 35 specialties. The medical campus in Weston is fully integrated and includes diagnostic centers, outpatient surgery, and a 24-hour emergency department located in the state-of-the-art hospital. Cleveland Clinic Florida is an integral part of Cleveland Clinic in Ohio, where providing outstanding patient care is based upon the principles of cooperation, compassion and innovation. Physicians at Cleveland Clinic are experts in the treatment of complex conditions that are difficult to diagnose.

For decades Cleveland Clinic has been synonymous with the finest in healthcare. Our focus has been on research, education, pioneering innovations - all with the aim of delivering medical breakthroughs to the people we care about most - our patients.
**KEY PROGRAMS AND SERVICES:**

**Cardiovascular Medicine**
- Vascular medicine as well as cardiothoracic surgery
- Offers patients advanced diagnosis, innovative treatments and comprehensive management
- Provides patients with state-of-the-art surgical treatment options

**Cancer**
- Provides patients access to a variety of clinical trials
- Collaborative approach, offering comprehensive cancer care
- Among top third of all accredited cancer institutions in Florida

**Digestive Disease Center & Bariatric and Metabolic Institute**
- Integrates Colorectal Surgery, Gastroenterology, Hepato-pancreatobiliary Surgery and the Minimally Invasive Bariatric and Metabolic Institute
- Largest colorectal surgery residency program in North America

**Neurosciences**
- Neurologists team up with neurosurgeons to offer innovative therapies such as deep brain stimulation to treat Parkinson’s disease
- Neurologists, neurosurgeons, radiologists and oncologists take a multidisciplinary approach to treat brain tumors
- This model of collaboration is also very effective for the treatment of epilepsy through our Epilepsy Program

**Orthopaedics & Sports Medicine**
- Highly trained orthopaedic surgeons use the latest techniques to treat a full spectrum of orthopaedic problems, from simple fractures and sports injuries to complex revision joint replacements

**Urology**
- Physicians employ the use of the latest diagnostic and therapeutic procedures, including laser surgery and state-of-the-art 3D robotic and laparoscopic surgery to treat a wide variety of urological problems and diseases

*Over 35 medical specialties available.*

**Additional areas of clinical expertise:**
- General & Minimally Invasive Surgery
- Gynecology & Women’s Health
- Imaging / Radiology
- Nephrology & Hypertension
- Pulmonary Medicine & Critical Care Medicine
- Thoracic Surgery
For over 30 years, Delray Medical Center, a 493-bed acute care hospital, has served the communities of South Palm Beach County. As both a community hospital and Level I Trauma Center located on a 42-acre medical plaza, Delray Medical Center has the ability to offer several specialized services including cardiac care, orthopedics, rehabilitation, neurosciences, emergency care and more.
For the past six years, Delray Medical Center has been named one of America’s 50 Best Hospitals (HealthGrades), as well as a state designated Comprehensive Stroke Center and Primary Stroke Center by the Joint Commission. Delray Medical Center has also been acknowledged as a United Healthcare Center of Excellence for Orthopaedic, Cardiac and Spine services; a UnitedHealth Premium Specialty Center for Total Joint Replacement, Surgical Spine, Cardiac Surgery, Cardiac Rhythm Management and Interventional Cardiac care; and a Blue Distinction Center for Spine Surgery, Hip and Knee Replacement, and Cardiac Care by Blue Cross and Blue Shield. In addition, the hospital earned the Get With the Guidelines - Heart Failure Gold Plus Achievement Award and the Get With the Guidelines Stroke Gold Plus Award from the American Heart Association. Pinecrest Rehabilitation and Outpatient Hospital at Delray Medical Center has received 3-year accreditation status as a Comprehensive Integrated Inpatient Rehabilitation Program from CARF International.

Delray Medical Center is one of only 269 hospitals ranked in the top 5% in the nation for patient outcomes according to a study by HealthGrades, a leading independent healthcare ratings organization, achieving the HealthGrades Distinguished Hospital for Clinical Excellence Award™. The hospital is one of just 13 hospitals in South Florida, and just one of five in Palm Beach County that received the recognition for its clinical performance. Delray Medical Center was also named one of the nation's 100 Top Hospitals® by Thomson Reuters in 2012. In addition, the hospital was one of only 12 hospitals nationwide to earn the Everest Award for achieving both the highest current performance and the fastest long-term improvement over five years. In 2012, Delray Medical Center was named one of the nation's Top Performers on Key Quality Measures by The Joint Commission for the second year in a row.

The hospital is actively involved in community outreach, sponsoring several events, community lectures and fundraisers. Delray Medical Center is also a smoke free campus. For more information or physician referral, please call 1-800-897-9789 or visit the website at delraymedicalctr.com.
Good Samaritan Medical Center, located on Flagler Drive in the heart of West Palm Beach is a 333-bed acute care hospital with a tradition of caring for generations. The hospital celebrates over 90 years of service to Palm Beach County and the Treasure Coast. In addition to general medical services, Good Samaritan offers a range of specialty services, including comprehensive cancer services, orthopedics, obstetrics and cardiovascular medicine. For the discerning patient, the hospital offers all-private, upscale unit that combines quality medical care with personal comfort. Good Samaritan recently added the MAKOplasty and daVinci robotic surgical systems, which are designed to offer minimally invasive surgery, resulting in faster recovery and less pain.
**Key Programs and Services:**

**Key Services**
- Cancer Institute
- Cardiac and Vascular Institute
- Comprehensive Breast Center
- daVinci Robotic Surgery
- Emergency Department
- Gamma Knife Radiosurgery
- Joint and Spine Care Institute
- MAKOplasty Robotic Surgery
- Maternity Services with a Level II Neonatal Medical Detoxification
- Outpatient Diagnostics and Surgery
- Outpatient Rehabilitation
- Primary Stroke Center
- Radiation Therapy provided on campus by Palm Beach Cancer Institute
- Sleep Center
- The Walter Newbern - all Private Suites
- Urology Program

**Awards & Distinctions**
- American College of Radiology - Breast Imaging Center of Excellence
- American Heart Association Get with the Guidelines Silver Stroke Award
- Coronary Artery Disease, Heart Failure and Stroke
- CIGNA 2010 Center of Excellence - Chest Pain, Irregular Heartbeat and Stroke
- Four-Star Patient Satisfaction Rating
- National Accreditation for Breast Centers, Comprehensive Breast Center
- Tenet Circle of Excellence Award 2011
- 2012 Leapfrog Group Awarded an “A” for Patient Safety by Hospital Safety Score
- 2012 Luminaire Hospital Achievement Award-Life Alliance Organ Recovery Agency
- 2012 American Heart Association Fit-Friendly Worksite Platinum Achievement
Conveniently located in the heart of Palm Beach County, JFK Medical Center is
a 460-bed facility known for its comprehensive services, including cardiovascular care,
neurosurgery, stroke care, minimally invasive surgery, robotics, orthopedic surgery,
cancer care, sleep disorders, and emergency services. Our medical staff is comprised
of more than 500 physicians representing virtually every medical specialty. Our staff
also includes more than 2,000 allied healthcare professionals, complemented by over
300 adult and teen volunteers.
KEY PROGRAMS AND SERVICES:

Heart and Vascular Institute

Founded more than 25 years ago, the Heart & Vascular Institute at JFK Medical Center boasts high volumes and superb outcomes. The cardiac surgery team has performed more than 12,000 open heart surgeries and the electrophysiology lab (EP) is one of the busiest facilities of its kind in the southeastern United States.

The Valve Institute at JFK Medical Center is the first heart program in Palm Beach County to offer Transcatheter Aortic Valve Replacement (TAVR) therapy with the Edwards SAPIEN valve. This procedure offers patients with valve disease new hope.

Neurosciences

Nationally recognized for our neuroscience services, JFK Medical Center is a leading treatment and resource center for people affected by complex neurological conditions. Our team of multi-disciplinary neuroscience specialists uses the latest technology and treatments to diagnosis and treat diverse, chronic, and challenging problems involving the brain, spine, cerebrovascular system and nervous system.

JFK Medical Center is at the forefront of Stroke diagnosis, treatment and prevention. Our stroke program has been certified by the Joint Commission and given its “Gold Seal of Approval” for providing the greatest breadth and depth of specialists and advanced services for stroke patients.

Orthopedic Institute

The Orthopedic Institute at JFK Medical Center is the first and most experienced hospital on Florida's East Coast to be designated by The Joint Commission as a Center of Joint Distinction. We take a comprehensive approach to the evaluation, treatment and rehabilitation of musculoskeletal injuries. We are able to develop customized treatment plans that help patients return to maximum function as quickly and safely as possible. Specialties include joint replacement and reconstruction, spine care, foot and ankle care, hand and upper extremity, sports medicine, work-related injuries, and rehabilitation.

The Comprehensive Cancer Institute

The oncology team at The JFK Comprehensive Cancer Institute works closely with each patient from diagnosis through post-treatment. Our dedicated oncologists and staff use the latest treatments and technology to deliver the most-effective cancer therapies. Our surgeons also utilize the CyberKnife Robotic Radiosurgery System, which is the most advanced radiation therapy on the market and provides an alternative to surgery for the treatment of both cancerous and non-cancerous tumors.
Founded in 1979, Jupiter Medical Center is a not-for-profit 283-bed regional medical center consisting of 163 private acute care hospital beds and 120 long-term care, sub-acute rehabilitation and Hospice beds. Accredited by The Joint Commission, the medical center provides a broad range of services with specialty concentrations in orthopedics and spine, geriatrics, minimally-invasive surgical procedures including robotic surgery, emergency services, cardiac services, obstetrics, cancer care and advanced diagnostics. Jupiter Medical Center is the recipient of the HealthGrades ‘America’s 50 Best’ Award™ for two years in a row (2011-2012) and the Distinguished Hospital Award - Clinical Excellence™ for nine years in a row (2005-2013).
**Key Programs and Services:**

**Ella Milbank Foshay Cancer Center**

The comprehensive center offers a level of care comparable to major cancer centers throughout the country. Accredited by the American College of Surgeons Commission on Cancer, the center offers patients leading-edge treatment options including inpatient oncology, outpatient chemotherapy and infusion services, radiation therapy, clinical trials, and a wide array of support services.

**Thoracic Surgery & Lung Center**

This comprehensive program is dedicated to the prevention, early detection and treatment of lung cancer and other diseases of the chest. A dedicated, board certified, thoracic surgeon leads the program that includes CT Lung Screening, a Lung Nodule Clinic, Multimodality Specialty Clinic and minimally-invasive surgery including robotic surgery.

**The Anderson Family Orthopedic & Spine Center of Excellence**

The Orthopedic & Spine Center is certified by The Joint Commission for total joint replacement in hips, knees and shoulders. A multidisciplinary team of highly skilled surgeons, diagnostic radiologists, nurses, physical and occupational therapists, and pain management specialists work collaboratively to provide patients with leading-edge surgical options, many of them minimally-invasive, and a comprehensive rehabilitation program that starts pre-operatively and continues through post-op care and into wellness.

**Comprehensive Breast Care**

Accredited by the National Accreditation Program for Breast Centers, the Comprehensive Breast Care Program includes state-of-the-art diagnostics through the Margaret W. Niedland Breast Center and leading-edge treatment through the Kristin Hoke Breast Health Program. A dedicated patient navigation team is available to provide education and support.

**Emergency Department**

The Emergency Department specializes in the treatment of patients needing immediate care for both minor and major emergencies. Jupiter Medical Center is certified by The Joint Commission as a Primary Stroke Center.

**The Pavilion**

The 120-bed Pavilion offers sub-acute inpatient rehabilitation, skilled nursing care and long term care. It offers the unique benefit of being located on the same campus as Jupiter Medical Center.
Lakeside Medical Center is a 70-bed, all-private room acute-care hospital serving the rural western region of Palm Beach County. Treating 38,000 patients a year, the county’s only public hospital provides a 24-hour physician-staffed ER and offers inpatient and outpatient services, obstetrics, pediatrics, general surgery, radiology (including CT, MRI/MRA, nuclear medicine, ultrasound, fluoroscopy, and mammography), and respiratory therapy.

**The Health Care District of Palm Beach County owns and operates the hospital.**

In 1988 the voters of Palm Beach County established the Health Care District as a public safety net system to improve access to health care services for our residents. From the start, the Health Care District has focused on filling critical gaps in local health care without duplicating the services offered through state or federal programs. Using a public-private partnership model, the Health Care District funds, oversees, and operates a range of programs that provide quality services that otherwise would not be available to residents.
Key Programs and Services:

Health Care District of Palm Beach County’s Other Services:

Life-Saving Trauma Care

Launched in 1991, the Palm Beach County Trauma System provides life-saving care every year to nearly 3,000 children and adults - visitors and residents alike - who suffer serious traumatic injuries. See pages 12-13 for details.

Health Coverage Plans for the Uninsured

The Health Care District offers health coverage plans for more than 36,000 Palm Beach County residents who otherwise would lack coverage. The Coordinated Care option provides benefits at no cost to low-income residents who do not qualify for state or federal plans. The District’s Medicaid HMO, Personal Health Plan of Healthy Palm Beaches, includes additional benefits at no cost. Vita Health, the newest and fastest-growing option, is a shared-cost plan designed for uninsured working residents with modest incomes who cannot afford private insurance and do not qualify for state or federal plans. For more information, call Customer Service toll-free: 1(866) 930-0035.

School Health

Thanks to the School Health program, more than 156,000 students in the Palm Beach County school system have access to a health room with a registered nurse at their school every day of the school year. More than 200 Health Care District School Nurses treat student injuries, administer medications, and oversee annual health screenings, including vision and hearing screenings, at 169 public schools in the county. During the 2010-11 school year, nearly 132,000 students made over 700,000 visits to the School Nurses. For many of them, the School Nurse is the only medical professional they see all year.

Rehabilitation and Skilled Nursing

The Edward J. Healey Rehabilitation and Nursing Center provides skilled nursing and rehabilitative therapy for Palm Beach County residents who have suffered traumatic injuries and strokes or who live with debilitating illnesses that require ongoing specialized care on an inpatient basis. As the only public facility of its kind in the county, the Healey Center is a safety net for uninsured or underinsured residents who cannot afford or qualify for this level of intensive care at other facilities. The Health Care District is constructing a replacement facility in Riviera Beach that is scheduled to open in 2013.

For more information about all of these programs, visit the Health Care District’s website at www.hcdpbc.org.
More than 170 doctors representing 30 specialties.

St. Mary’s Medical Center has been serving the needs of children for more than 75 years. Today, the physicians and staff of the Palm Beach Children’s Hospital at St. Mary’s provides advanced care that’s less invasive, requires less recovery time, and reduces the need for families to travel. Palm Beach Children’s Hospital ensures that children have access to the care they need – close to home and around the clock.
Key Programs and Services:

Our 127 bed Children’s Hospital provides:

• Two dedicated general Pediatric Units
• The only Pediatric Hematology/Oncology Unit in Palm Beach County
• A Pediatric Intensive Care Unit (PICU) staffed 24/7 by Pediatric Intensivists
• Pediatric Open Heart Surgery
• Pediatric Neurosurgery
• Paley Advanced Limb Lengthening Institute
• Neonatal Intensive Care Unit - 45 Bed staffed 24/7 by Neonatologists
• In-house Pediatric Hospitalists 24/7
• A State-Approved Pediatric Trauma Referral Center
• A 24-hour dedicated Pediatric Emergency Department
• Access to the latest treatments through our Membership in the National Cancer Institute’s Children’s Oncology Group
• Cystic Fibrosis Center
• The P.O.S.T. team of experienced mental health and pediatric oncology professionals
• Quantum House—an on-campus home for families while their children receive treatment for critical illness or injury

Helping to meet the needs of children and families

Child Life Specialists are caring non-medical professionals who provide medical play and diversional therapy to help reduce the stress and anxiety that children and teens may experience while hospitalized and separated from their families.
Serving northern Palm Beach County and the Treasure Coast for over 40 years, Palm Beach Gardens Medical Center is a 199-bed medical and surgical facility that is fully accredited by The Joint Commission. Our comprehensive Heart Institute has been One of America’s 100 Best Hospitals for Stroke Care for two years in a row (2012 and 2013) and has performed over 1,500 open heart surgeries. In addition, our new $13.6 million Emergency Department expansion is complete, with more than triple the amount of space as before, allowing the hospital to meet the needs of the growing northern Palm Beach communities. Plus, we pride ourselves in providing additional specialty care services such as Orthopedics, Radiology, Oncology, Rehabilitation Services, and Neurosciences.
Key Programs and Services:

Cardiac Care (The Heart Institute at Palm Beach Gardens Medical Center)

With over 29 years of experience, our Heart Institute is the place to go for comprehensive cardiac care in Palm Beach County. The Heart Institute at Palm Beach Gardens Medical Center has delivered advanced cardiac care to our community for more than 29 years. We were the first hospital in Palm Beach County and the Treasure Coast to perform open-heart surgery, and have since remained one of the area’s leading heart hospitals, having performed nearly 15,000 open-heart surgeries and over 100,000 cardiac catheterizations and have 41 Cardiac Specialists.

PB GMC is proud of the recognition it has received for our cardiac care:

• One of HealthGrades America’s 100 Best Hospitals for Stroke Care for 2 years in a row (2012 and 2013)
• Five-Star Recipient for Coronary Interventional Procedures for 11 years in a row (2003-2013)
• Five-star Recipient for Treatment of Heart Failure for 7 years in a row (2007-2013)

Emergency Care

Palm Beach Gardens Medical Center’s new $13.6 million Emergency Department expansion is here, with more than triple the amount of space as before, allowing the hospital to meet the needs of the growing northern Palm Beach communities. There is an additional 9,537 sq. ft., 20 private exam rooms with flat screen TVs, and expanded parking. We now have more technology such as Bedside Registration & Triage to help increase patient comfort and reduce waiting time, Med-Host tracking system provides up to the minute patient and test status to monitor your care throughout your stay. As well as a Digital Picture Communications System providing access to film-based radiological images, interpretations and related data immediately on any Web-enabled computer or cellular phone.

Neurosciences

Palm Beach Gardens Medical Center’s Neuroscience program uses a team approach to diagnose and treat a variety of conditions such as stroke and brain injury. Our state-of-the art services include Neurosurgery, Neurology, Radiology and Diagnostic Imaging, including CT Outpatient Rehabilitation Services. Our Neuroscience program is proud of the numerous achievements it has been recognized for such as:

• Recipient of the HealthGrades Stroke Care Excellence Award™ for 4 Years in a Row (2010-2013)
• Ranked Among the Top 5% in the Nation for Treatment of Stroke for 3 Years in a Row (2011-2013)
• Ranked #4 in FL for Treatment of Stroke in 2013
• Five-Star Recipient for Treatment of Stroke for 4 Years in a Row (2010-2013)
Palms West Hospital has provided healthcare excellence since 1986. We are a thriving, comprehensive, acute care community hospital that provides a full complement of specialty services. As the only hospital in the Western Communities with a dedicated Pediatric Emergency Department, Palms West is a leader in pediatric care. What truly make us special are our people: a team of compassionate, dedicated healthcare professionals working toward a central focus - our patients.

This is an exciting year for Palms West Hospital. Construction is well underway for a 32-bed expansion project, which will bring us to 204 total beds. We are excited about this expansion and look forward to the benefits it will bring to our patients and the communities we serve for many years to come.
KEY PROGRAMS AND SERVICES:

**Pediatric Care**

The Children’s Hospital at Palms West offers a comprehensive approach to pediatric healthcare services. For life’s unexpected moments, you can count on the care of our pediatric emergency services. Staffed by Pediatric Specialists 24 hours a day, 7 days a week and providing a special place that is calming to children and assuring to parents. The Children’s Hospital at Palms West is the only hospital within the Western Communities with a dedicated pediatric department that includes Emergency Services, Pediatric Hematology & Oncology, Pediatric Surgery, Pediatric Cardiology, Pediatric Neurology, Pediatric Endocrinology and Pediatric Urology.

**Robotic Surgery**

Palms West Hospital has two da Vinci® Si Surgical Systems. Our surgeons perform robotic surgery for gynecology, urological and general surgery. Robotic surgery is an effective, minimally invasive alternative to both open surgery and laparoscopy. Compared to more traditional procedures, robotic-assisted surgery results in reduced recovery times, less risk of infection, less blood loss and reduced trauma to the body.

**Cardiology**

As an Accredited Chest Pain Center, Palms West Hospital ensures that patients who come to the hospital complaining of chest pain or discomfort are given the immediate treatment necessary to avoid as much heart damage as possible.

**Obstetrics**

“Your New Life Center,” believes in promoting positive family bonds by offering family-centered maternity care. This department is focused on providing the mother, baby and family with a safe and memorable birthing experience. From our experienced, caring doctors and nurses to the most advanced technology, we deliver an unparalleled level of comfort. We also offer a number of childbirth classes for our expectant moms, siblings and the entire family.

**Orthopedics**

Dedication and skill is exemplified by our highly trained surgeons, experts in the treatment of every bone and joint in the human body. The Orthopedic Center utilizes less invasive joint replacement techniques using stronger, more durable materials. We provide pre-operative education classes to address any questions or concerns about the surgical process and recovery.
St. Mary’s Medical Center provides comprehensive medical care for you and your family through a wide range of clinical programs and services. Founded in 1938, St. Mary’s Medical Center is a 464-bed, acute care hospital and tertiary referral center that provides medical, surgical, obstetrical, stroke, oncology, pediatric, trauma and emergency services to greater West Palm Beach and the region. St. Mary’s special services include a Comprehensive Stroke Center, high-risk obstetrical unit, level III neonatal intensive care unit, The Institute for Advanced Orthopedics, The Rehabilitation Institute, and the Memory Disorders Center. St. Mary’s also has a wound care center, comprehensive laboratory, and advanced diagnostic and imaging out-patient services.
A leader in critical care medicine, St. Mary’s is one of only 21 state-designated trauma centers and has a state-designated Brain and Spinal Cord Injury Program. Palm Beach Children’s Hospital at St. Mary’s is the only children’s hospital between Orlando and Ft. Lauderdale providing a 24-hour children’s emergency department, a pediatric hematology/oncology unit, a pediatric intensive care unit, pediatric neurosurgery and pediatric cardiovascular surgery. The hospital campus is also the site of the Quantum House, a home away from home, for families of pediatric patients.

St. Mary’s Medical Center is affiliated with more than 500 primary care, specialist, and sub-specialist physicians. In addition, medical students come to St. Mary’s Medical Center from Florida Atlantic University’s Schmidt College of Medicine and the University of Vermont College of Medicine to learn how to practice medicine from our physicians. We are proud to be playing a significant role in educating the next generation of caring and competent physicians.

St. Mary’s, celebrating its 75th year in operations, is accredited by the Joint Commission on Accreditation of Healthcare Organizations (JCAHO).

**Key Programs and Services:**

**Key Services**

- The Birthplace & Birthplace Suites
- Comprehensive Stroke Center
- Advanced Diagnostic & Imaging Services
- Emergency and Trauma Services
- Institute for Advanced Orthopedics
- Institute for Mental Health
- Kaplan Cancer Center
- Level III Neonatal Care
- Memory Disorder Center
- Neuroscience Center
- Palm Beach Children’s Hospital
- The Rehabilitation Institute
- Schwartz Kidney Dialysis Center
- Wound Healing & Hyperbaric Medicine
When Wellington Regional Medical Center first opened its doors in 1986, Alan B. Miller, Chairman of the Board and CEO at Universal Health Services, Inc., envisioned a patient-centered hospital that would one day serve as the heart of a thriving community. As Wellington marks 25 years of service, that vision has been realized and exceeded. Now Wellington is taking the patient experience to a whole new level of excellence with the opening of its new patient pavilion. The aptly named Alan B. Miller Pavilion is a towering achievement in innovative healthcare design and superior healthcare delivery. The additional 103,000-square foot, three-story space has transformed the hospital into a flourishing, 233-bed medical complex that distinguishes Wellington Regional Medical Center from every other hospital in the area.

The needs of the patient were at the forefront of each decision, from design and construction to decor. The result is a distinctive healing environment that combines the latest breakthroughs in technology with upscale amenities. Eighty new private rooms are tastefully appointed with hardwood floors, pendant lighting, flat-screen televisions and 24-hour room service. In addition, each room is equipped with a computer station for bedside charting and telemetry monitoring, allowing more immediate, “hands-on” and consultative care that encourages greater interaction between patient and clinicians. Multiple nursing stations have been positioned in close proximity to patient rooms on each floor, so care and comfort are close at hand day and night.
Realizing that patient care extends beyond the patient, Wellington has provided thoughtful, comfortable spaces for family and friends, complimentary WI-FI service and upgraded dining selections. There is also an expanded, state-of-the-art pharmacy and two eight-bed ICU step-down units to provide support for existing medical-surgical services. The added capacity supports Wellington’s busy Emergency Department, increasing efficiency and privacy and reduces wait times. The building’s designers collaborated closely with frontline medical and administrative teams to ensure a client-centered, care focused facility that meets the community’s increasing demand for inpatient services. The addition includes a new lobby and registration area, and an expanded kitchen and cafeteria. There’s also room to grow. Over time, the new three-story structure will allow for the expansion of specialty programs, such as orthopedics, neurosurgery, cardiology, oncology, women’s services and maternity services.

Based on a five-year projection of healthcare needs in the vicinity, the addition is expected to provide a welcome boost to the local economy. Wellington anticipates adding 100 full-time positions, totaling $5 million in annual salaries. Moreover, the presence of a vibrant, growing medical center will have a beneficial influence on providers of goods and services, and industries including the local housing market. Looking ahead, the hospital administration is considering a renovation of the original, 25-year-old hospital to match the aesthetics of the new building, which was built by the construction firm Robins & Morton Group of Orlando.

With the opening of the Alan B. Miller Pavilion, Wellington has elevated this experience to new heights for every member of the community, now and for generations to come.

**Pavilion Features:**

- Integrated lean construction
- 103,000 square feet
- 80 all-private patient rooms
- 2 ICU step-down units
- Hardwood floors
- Spa-like décor & finishes
- Pendant lighting
- Complimentary Wi-Fi service
- Flat-screen televisions
- Upgraded dining amenities
- New, expanded pharmacy
- New lobby and registration areas
- Thoughtful spaces for family and friends
- Sophisticated technology
- Comfortable areas for family and friends
West Boca Medical Center, a 195-bed acute care hospital has been serving the medical and health care needs of the community and surrounding areas for over 25 years. West Boca Medical Center offers a broad array of services, including general medical and surgical care, cardiac and surgical intensive care, outpatient surgery services, 24-hour emergency services for adults and children, diabetes education, outpatient rehabilitation services and a sleep diagnostic center. The hospital also offers several specialties, including a level III neonatal intensive care unit, the BirthCare Pavilion, a pediatric unit and a pediatric intensive care unit. It is also a recipient of the HealthGrades Maternity Care Excellence Award six years in a row (2006 - 2012). HealthGrades ranks West Boca’s maternity program among the top 5% in the nation six years in a row.
KEY PROGRAMS AND SERVICES:

Key Services

• 24 Hour Emergency Care for adults
• BirthCare Pavilion
• Certified Primary Stroke Center
• Diabetes Education
• General Medical and Surgical Care
• Intensive Care
• Level III Neonatal Intensive Care Unit
• Orthopedics and Sports Medicine
• Outpatient Surgery
• Pediatrics
• Pediatric ER
• Pediatric Intensive Care
• Pediatric Sleep Diagnostic Center
• Rehabilitation Services for Pediatrics and Adults
• Robotic Surgery
• Sleep Diagnostic Center

Awards & Distinctions

• American Assoc. for Respiratory Care Recognition for Quality Respiratory Care
• Aetna Newborn Safety Designation
• American Heart Assoc. Get with the Guidelines Gold Plus Performance Achievement Awards for Heart Failure and Stroke
• HealthGrades® - 2006-2012 Maternity Care Excellence Award; 5-Star Rated for Maternity Care; Top 5% in Nation for Maternity Care
• Joint Commission on the Accreditation of Healthcare Organizations named as a Top Performer on Key Quality Measures
• CIGNA Centers of Excellence for Adult Pneumonia, Heart Attack, Heart Failure and Stroke, and Quality Designations for Caesarean Section, Laparoscopic Gall Bladder Removal and Vaginal Delivery
Serving Palm Beach County since 1975, West Palm Hospital is a 245-bed acute care facility, with a medical staff of over 400 members, and more than 550 employees. Our commitment to providing patients with quality healthcare close to home has never been stronger.

Our broad range of medical services not only establishes West Palm Hospital as a premiere, full-service hospital but ensures that our skilled and experienced staff is prepared to address the healthcare needs of those we serve.

Many of our physicians enjoy national reputations as being among the most experienced practitioners in their fields and the nursing staff is highly trained and attentive. Our entire team of professionals takes pride in delivering pleasant patient experiences and positive medical outcomes.
KEY PROGRAMS AND SERVICES:

Orthopedic & Spine Institute
Breast Care Center
Center for Pain Care

Full Spectrum of Inpatient & Outpatient Surgery
• From routine to highly specialized services (including advanced vascular surgery and breast cancer surgery)
• State of the arts surgical suites
• Minimally invasive options as alternative to traditional open surgery

Outpatient Rehabilitation Services

Comprehensive Imaging
• Digital mammography
• Multi slice CT technology
• Lunar Bone Densitometer

Interventional Radiology Procedures
• Stereotactic Breast Biopsy
• Arteriography and Venography
• Vascular Stent Placements
• Vertebroplasty

Cardiac Catheterization

Behavioral Health Services
• Child, adolescent, adult, geriatric & acute care units
• Intensive outpatient and partial hospitalization program
• Offering the area’s only adolescent intensive outpatient program
• Area largest licensed Baker Act receiving facility that accepts children

Medical Education/Residency Program
• Sponsoring institution for all programs of the Palm Beach Centre for Graduate Medical Education
SENIOR HEALTH SERVICES

Alpert Jewish Family & Children’s Service
5841 Corporate Way, Suite 200
West Palm Beach, FL 33407
(561) 684-1991
www.jfcsonline.com

Since 1974, AJFCS has strengthened communities by helping people during challenging times in their lives. AJFCS is a not-for-profit, non-sectarian, nationally-accredited organization offering a variety of professional services across the life span.

In addition to acclaimed senior services, AJFCS counsels families and provides a safety-net to some of the most vulnerable members in our community. As Palm Beach County’s Non-Profit Organization of the Year, AJFCS is a trusted source of professional care, meeting widespread needs of a diverse and ever-changing community. When making a choice for you or someone you love, there are many options. At AJFCS, you will find over 100 skilled professionals working as one team.

Adult & Senior Services: Information & Referral; Counseling; Psychiatry; Psychological Testing; Guardianship; Case Management; Patient Advocacy; Companionship & Transportation; Support Groups; Services for Holocaust Survivors; Domestic Abuse Support, Special Needs Residential Services; Medicaid Pooled Trust

Children’s Services: Counseling, Psychiatry; Psychological Testing; Play Therapy; Mentoring

Area Agency on Aging
Palm Beach/Treasure Coast, Inc.
4400 North Congress Avenue
West Palm Beach, FL 33407
(561) 684-4885
Elder Helpline: 1(866) 684-5885
www.youradrc.org

Your Aging Resource Center is your local Area Agency on Aging - a dynamic, nonprofit dedicated to serving the needs of seniors, adults with disabilities and their caregivers. If you are looking for information and assistance on long term care options, in home services, home delivered meals, respite care, personal care, prescription savings, adult day care, food stamps or help to enroll in Medicaid, call the Elder Helpline. If you have questions about Medicaid, Medicare or any long term care options, the Elder Helpline is here to help at (561) 684-5885. Services are available to the entire community seeking answers on aging or looking for service providers. The Healthy Living Center offers evidence based workshops in Chronic Disease Self Management, LivingHealthy, Matter of Balance and Tai Chi. The Area Agency on Aging also offers meaningful volunteer opportunities in a variety of settings.
**Senior Health Services**

**Lourdes-Noreen McKeen Residence**
315 South Flagler Drive
West Palm Beach, FL 33401
(561) 655-8544
www.lourdesmckeen.org

Life at Lourdes-Noreen McKeen retirement community is the perfect blend of activity and tranquility. We offer three senior living facilities. Each of these residences caters to a different group of seniors depending on their activity level and lifestyle needs. McKeen Towers accommodates those who want to maintain an active, independent lifestyle, but are attracted to the amenities and companionship provided by a senior community. The Lourdes Pavilion provides services and accommodations for seniors who require assistance to maintain an active lifestyle. The Lourdes-Noreen McKeen Residence provides high-level care to seniors who require skilled nursing and rehabilitative treatment. All the aspects of our community - from our spacious and gracious accommodations, highly trained, personable staff and our spectacular waterfront location - converge to provide a lifestyle of ease, comfort and security for seniors at every stage. We are a non-profit facility served by the Carmelite Sisters for the Aged and Infirm, and are dedicated to providing compassionate, high-quality senior care. Our full-service setting offers residents all the right options so that they are comfortable and cared for in every way, every day.

**MorseLife**
4847 Fred Gladstone Drive
West Palm Beach, FL 33417
(561) 471-5111
www.morselife.org

Founded 30 years ago, MorseLife is a nationally-recognized provider of enlightened health care, housing and support services for seniors and their families in Palm Beach County. A charitable, not-for-profit organization, its programs include short-term rehabilitation, long term care, independent and assisted living, home care, geriatric care management, adult day center, and meals-on-wheels. MorseLife cares for seniors on its 37-acre campus in West Palm Beach, or within the community which enables seniors to live independently at home. Today, MorseLife is building a new, 120-bed Short-Term Rehabilitation Center on its campus, which will be a model of excellence in medical rehabilitation when it opens in late 2013. MorseLife has built a reputation and tradition of caring for seniors with excellence, dignity and compassion. For more information, visit www.morselife.org.
MORE RESOURCES TO HELP YOU MAKE INFORMED HEALTHCARE CHOICES

1. **Centers for Disease Control and Prevention:** [www.cdc.gov](http://www.cdc.gov) The nation’s premier health promotion, prevention and preparedness agency, and a global leader in public health.


3. **WebMD:** [www.webmd.com](http://www.webmd.com) A quick reference to a variety of valuable health and support information, and tools for managing your health.

4. **Everyday Health:** [www.everydayhealth.com](http://www.everydayhealth.com) A source for in-depth information about diagnosis, management and prevention for more than 40 diseases and conditions.

5. **Palm Beach County Health Department:** [www.pbchd.com](http://www.pbchd.com) Provides 7 medical clinics throughout the County in the medically underserved areas to provide residents with quality health care and to promote health education. The Department also provides core public health functions in the areas of Environmental Public Health, School & Community Health, Women Infants and Children (WIC), Dental, Maternal Child Health, Epidemiology, Vital Statistics, Emergency Preparedness, Immunizations and Vital Statistics. The Palm Beach County Health Department’s Preventative Medicine/Public Health Residency Program has been in existence since 1956 producing medical leaders in prevention and public health. The Dietetic Internship Program compliments our academic campus providing nutritional excellence for the State.

6. **Hospital Compare:** [www.hospitalcompare.hhs.gov](http://www.hospitalcompare.hhs.gov) This federal Web site compares hospitals’ quality records for treating common medical conditions.

7. **National Committee for Quality Assurance:** [www.ncqa.org](http://www.ncqa.org) NCQA has developed quality standards and performance measures for a broad range of healthcare entities to ensure quality and help patients make informed healthcare choices.

8. **Quality Check:** [www.qualitycheck.org](http://www.qualitycheck.org) A comprehensive guide to the nearly 15,000 Joint Commission-accredited healthcare organizations and programs throughout the United States.

9. **Compare Pharmacy Drug Prices:** [www.goodrx.com](http://www.goodrx.com) A source to help consumers shop for the lowest price for prescription drugs.

10. **Palm Beach County Medical Society:** [www.pbcms.org](http://www.pbcms.org) The physicians have a strong commitment to improving the quality and access to health care in our community. The Medical Society provides continuing medical education, informs and educates the public on health care issues, assists patients in navigating the health care system, provides physician referrals, and coordinates care to qualified low income uninsured residents.

11. **The 2013 Regional Medical Care Guide:** [www.mededforumpb.com](http://www.mededforumpb.com) An electronic version of this guide is under development for you to visit and utilize for your convenience.
AREA HOSPITALS

1. Jupiter Medical Center
   1210 S. Old Dixie Highway • Jupiter, FL 33458
   (561) 263-2234

2. Bascom Palmer Eye Institute at Palm Beach Gardens
   7101 Fairway Drive • Palm Beach Gardens, FL 33418
   (561) 515-1500
   Toll-free: 1(800) 329-7000

3. Palm Beach Gardens Medical Center
   3360 Burns Road • Palm Beach Gardens, FL 33410
   (561) 622-1411

4. West Palm Hospital
   2201 45th St. • West Palm Beach, FL 33407
   (561) 842-6141

5. St. Mary's Medical Center
   901 45th St. • West Palm Beach, FL 33407
   (561) 844-6300
   Physician referral number: (561) 882-9100

6. Palm Beach Children's Hospital at St. Mary's Medical Center
   901 45th St. • West Palm Beach, FL 33407
   (561) 844-6300
   Pediatric Physician Referral Number: (561) 841-KIDS

7. Good Samaritan Medical Center
   1309 North Flagler Drive • West Palm Beach, FL 33401
   (561) 655-5511

8. Palms West Hospital
   13001 Southern Blvd. • Loxahatchee, FL 33470
   (561) 798-3300

9. Wellington Regional Medical Center
   10101 Forest Hill Blvd. • Wellington, FL 33414
   (561) 798-8500

10. JFK Medical Center
    5301 South Congress Ave. • Atlantis, FL 33462
    (561) 965-7300

11. Bethesda Hospital West
    9655 W. Boynton Beach Blvd. • Boynton Beach, FL 33472
    (561) 336-7000

12. Bethesda Hospital East
    2815 South Seacrest Blvd. • Boynton Beach, FL 33435
    (561) 737-7733

13. Delray Medical Center
    5352 Linton Blvd. • Delray Beach, FL 33484
    (561) 498-4440

14. Boca Raton Regional Hospital
    800 Meadows Road • Boca Raton, FL 33486
    (561) 955-7100

15. West Boca Medical Center
    21644 State Road 7 • Boca Raton, FL 33428
    (561) 488-8000

16. Cleveland Clinic: West Palm Beach Location
    525 Okeechobee Blvd. • West Palm Beach, FL 33401
    (561) 804-0200

17. Cleveland Clinic in Florida
    2950 Cleveland Clinic Blvd. • Weston, FL 33331
    (954) 659-5000

18. Lakeside Medical Center
    39200 Hooker Highway • Belle Glade, FL 33430
    (561) 996-6571